# Each training unit consists of a student study guide, student test booklet, many power points, hands-on training aid kit, and an instructor guide.

# **Level One - Basic Mechanics Training Program**

#### **Volume 1: Shop Mathematics**

Unit 1: Base 10, Decimals, Decimal Equivalents, Percentages

Unit 2: Fractions

Unit 3: Algebraic Expressions, Simple Equations, Ratio, Proportion

Unit 4: Graphs, Charts, Data Handling

**Unit 5:** Weights, Measures, Metric Conversion **Unit 6:** Exponents, Square Roots, Right Triangles

Unit 7: Angles, Plane Figures, Area

Unit 8: Measurement of Solid Figures, Volume, Intro. To Trig.

**Unit 9:** Trigonometric Tables

#### **Volume 2: Blueprint Reading & Machine Drawing**

Unit 1: Elements of Blueprints and Machine Drawing I

#### **Volume 3: Measurement**

Unit 1: Linear Measurement

### **Volume 4: Hand Tools**

Unit 1: Care and Use of Hand Tools

**Unit 2:** Mechanical Fasteners

#### **Volume 5: Basic Mechanical Components I**

Unit 1: Basic Machines

Unit 2: Shafts, Couplings, Pulleys, Belts and Chain Drives

Unit 3: Gears and Gear Ratios Unit 4: Advanced Couplings

Unit 5: Basic Alignment

#### **Volume 6: Bearings & Lubrication**

Unit 1: Principles of Bearing Operation, Components, Bearings

Unit 2: Principles of Friction and Lubricants

# **Volume 7: Basic Mechanical Components II**

Unit 1: Levers, Cranks, Linkages, and Springs

Unit 2: Types and Uses of Cams, Timing Adjustments

Unit 3: Use of Elementary Timing Model in Timing Adjustments

#### **Volume 8: Machine Adjustment Fundamentals Using The ATM**

**Unit 1:** Troubleshooting, Problem Solving, and Problem Identification Techniques

Unit 2: Set Up Machine Standards Using the ATM

Unit 3: Problem Solving on Multiple Systems Using the ATM

### **Volume 8-A: Basic Pneumatics & Hydraulics**

Unit 2A: Air Compression, Properties of Air

Unit 2B: Basic Pneumatics, Compressors, and Air Pressure Gauges

Unit 3A: Hydraulic Flow and Control

#### **Volume 9: Electrical Components**

Unit 1: Principles of Electricity, AC & DC Circuits

Unit 2: Basic Circuit Components, Switches, and Relays

Unit 3: Digital Multimeter, Basic Measurements

Unit 4: Input and Output Devices

**Unit 5:** Electrical Schematics

**Unit 6:** Generators & Transformers

Unit 7: DC Machines

Unit 8: Three-Phase AC & DC Motors

## **Volume 10: Pump Basics**

Unit 1: Pumping Basics

# Volume 11: Valve Operation & Types

Unit 1: Valve Operation and Type

## **Vol 11A: Basic Process Control**

**Unit 1:** Introduction to Process Control

Unit 2: Basic Definitions

Unit 3: Pressure

Unit 4: Temperature

Unit 5: Level

Unit 6: Flow

Unit 7: Analytical instruments and Terminology

**Unit 8:** Transmitters

Unit 9: Controllers

Unit 10: Process Control and Control Loops

Unit 11: Control Schemes

### **Level Two – Advanced Mechanics Training Program**

#### **Volume 12: Introduction to Industrial Maintenance**

**Unit 1:** Failure Analysis

#### **Volume 13: Gearbox Maintenance**

**Unit 1:** Gear Maintenance

### **Volume 14: Bearing Maintenance**

Unit 1: Bearing Maintenance

#### **Volume 15: Advanced Pneumatic Fundamentals**

Unit 1: Control Components, Pneumatic Drives

Unit 2: Circuit Design

# **Volume 16: Advanced Hydraulic Fundamentals**

Unit 1: Control Components, Hydraulic Drives

Unit 2: Circuit Design

## **Volume 17: Advanced Electrical**

**Unit 1:** Capacitors

Unit 2: Inductors

Unit 3: Power in AC Circuits

Unit 4: Electrical Troubleshooting Using the ESTD

Unit 5: Troubleshooting, AC Motors

Unit 6: Troubleshooting, DC Motors

## **Volume 18: Pump Maintenance**

**Unit 1:** Pump Maintenance

#### **Volume 19: Introduction to Welding**

Unit 1: Welding Safety

Unit 2: Gas Welding, Cutting, and Heating

Unit 3: Introduction to Arc Welding, MIG - TIG

## **Volume 20: Machine Shop Practices**

Unit 1: Machine Shop Safety

Unit 2: Hand Tools and Bench Work

Unit 3: Metal Cutting

Unit 4: The Lathe

Unit 5: The Milling Machine

Unit 6: The Drilling Machine

Unit 7: The Grinding Machine

#### Volume 21: Advanced Machine Adjustment Fundamentals Using the PMS

Unit 1: Troubleshooting, Problem Solving, and Problem Identification Techniques

Unit 2: Set Up Machine Standards Using The Packaging Machine Simulator

**Unit 3:** Problem Solving on Multiple Systems Using the Packaging Machine Simulator

## Volume 22: Ladder Logic

Unit 1: Basic Ladder Logic

Unit 2: Planning and I/O Symbols

Unit 3: Numbering Systems, Codes, and Logic

**Unit 4:** Symbols and Ladder Logic Basics

Unit 5: Ladder Logic Format

Unit 6: Program Functions

**Unit 7:** Program Examples

Unit 8: Glossary of Terms

# **Volume 23: PLC Advanced Electrical**

Unit 1: Introduction to the PLC

**Unit 2:** PLC Programming and Operation

Unit 3: Maintenance and Troubleshooting

# **VOLUME 24: Advanced Process Control**

Unit 1: Process Control- Intro Advanced

Unit 2: Advanced Pressure

Unit 3: Advanced Level

Unit 4: Advanced Flow Measurement

Unit 5: Advanced Temperature

Unit 6: Analytical-PH

Unit 7: Advanced Actuators

Unit 8: Advanced Process Control-Frequency Drives

Unit 9: Heat Exchangers

Unit 10: Hazardous Applications

**Unit 11:** Flowmeter Installation **Unit 12:** Instrument calibration